## Systems for Action National Coordinating Center Systems and Services Research to Build a Culture of Health



Strategies to Achieve Alignment, Collaboration, and Synergy Across Delivery and Financing Systems

## Integrating Cross-Sectoral Health and Social Systems for the Homeless

Research In Progress Webinar Wednesday, June 12, 2019 12:00-1:00 pm ET/9:00-10:00am PT

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Funded by the Robert Wood Johnson Foundation



Center for Public Health Systems and Services Research

#### Agenda



Welcome: Anna Hoover, PhD

Systems for Action

College of Public Health University of Kentucky

Presenter: Hee Soun Jang, PhD

**Associate Professor** 

University of North Texas

Commentary: Jose Pagan, PhD

Professor and Chair

Department of Public Health Policy and Management

College of Public Health

New York University

**Q&A:** Moderated by Dr. Anna Hoover

#### Presenter





Hee Soun Jang, PhD
Associate Professor
University of North Texas
College of Health and Public Service

#### Commentator





José Pagán, PhD
Professor and Chair
Department of Public Health Policy and Management
College of Global Public Health
New York University

# Integrating Cross-Sectoral Health and Social Systems for the Homeless -Research-in-Progress Webinar

Jesus N. Valero, PhD., University of Utah Hee Soun Jang, PhD., University of North Texas

Project Dates: November 2017 to October 2018 RWJF Grant Id: 74948 (Exploratory/Developmental-Category one)

#### Presenter

- Hee Soun Jang, PhD.
- Associate professor
- Department of Public Administration
- University of North Texas

#### Research Team

#### University of Utah

- Dr. Jesus Valero (PI)
- Dr. Gundlapalli Adi (Senior Investigator)
- Janell Fluckiger (RA)



#### University of North Texas

- Dr. Hee Soun Jang (co PI)
- Dr. John Kim (Post doc research associate)
- Federickia Washington (RA)
- Jihoon Jeong (RA)



#### Participating Agencies

Continuum of Care (CoCs)	<ul> <li>Metropolitan Dallas Homeless Alliance</li> <li>Salt Lake County</li> <li>Tarrant County Homeless Coalition</li> <li>Houston Coalition for the Homeless</li> </ul>
Hospitals	<ul> <li>Parkland hospital</li> <li>Baylor hospital</li> <li>John Peter Smith hospital</li> <li>VA Salt Lake City Health Care</li> </ul>
Shelters	<ul> <li>The bridge</li> <li>Harmony house,</li> <li>True Worth</li> <li>Shelter the Homeless Inc.</li> </ul>
Other medical service providers	<ul> <li>Metro Care,</li> <li>Prism Health</li> <li>Healthcare for the Homeless</li> </ul>

## A Novel System Mechanism: HEARTH Act and Continuum of Care (CoC)

- HEARTH Act of 2009 revised the roles and responsibilities of Continuum of Care program
  - Rewards local communities that achieve better outcomes for homeless services
  - Sets expectation of cross-sector collaboration, with nonprofits a key actor
  - Outlines responsibilities of those charged with leading network
  - Establishes flexibility on the structure and focuses on network as a serve unit
  - Highlights competitions as a funding basis

## High Demand of a Coordinated Medical Care System

- Individuals experiencing homelessness are at high risk of preventable diseases but they are less likely to access to health care system
- HUD has been focused on housing related services—leaving other major health and human services to be addressed by local governments and nonprofit organizations
- As a leading homeless serving entity, CoCs (Continuum of Care) aim to create comprehensive medical care system
- HUD issued Discharge Coordination Policy (42 USC Sec. 11362)

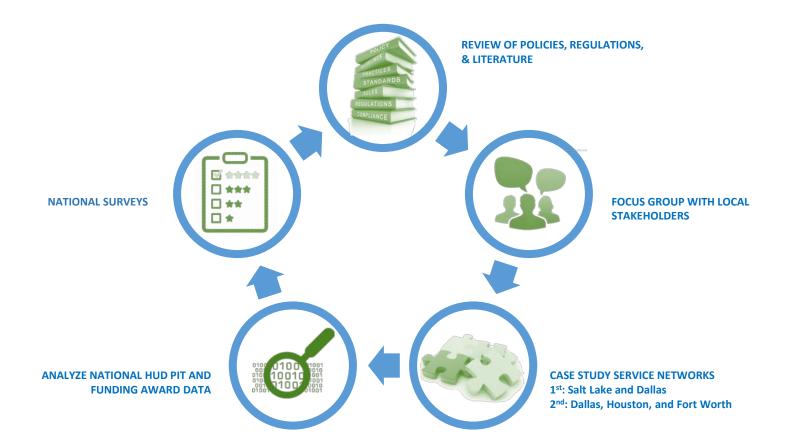
#### Research Aims

- Assess the homeless service mechanism of CoC in improving health and equity among the homeless
- Examine *collaborative governance* in complex policy issues (Ansell and Gash, 2007; Emerson et.al. 2011; Purdy, 2012)
- Understand the *role & contributions of the nonprofit sector* to collaborative arrangements (Salamon, 1987; Valero and Jang 2016)
- Assess the impact of management & leadership processes on collaborative outputs and outcomes (McGuire and Silvia 2014; Jang, Valero and Jung 2016)
- Understand stakeholder dynamics in *Emergency Discharge Coordination* process

#### Mixed Method Approach

- Context: Homeless services under HEARTH Act of 2009
- Data sources
  - HUD PIT and funding award data
  - National survey of CoC homeless service networks (N=176, response rate 46%)
  - Case studies
    - In-depth analysis of CoC management: Salt Lake and Dallas
    - Study of Emergency Discharge Coordination: Houston, Dallas and Forth
       Worth

#### How We Conducted Research



#### Timeline of Research Activities

10.17	• Collect secondary data from HUD; U.S. Census; CoC Homeless Networks within one U.S. region	Completed
1-3. 18	<ul> <li>Conduct Semi-Structured Interviews (1<sup>st</sup> case study: Salt Lake and Dallas)</li> <li>Analyze Qualitative Data</li> </ul>	Completed In progress
4-6	<ul> <li>Develop Survey Instrument</li> <li>Conduct Pilot of Web-based Survey</li> </ul>	Completed
7-9	<ul> <li>Complete Web-based Survey</li> <li>Develop Comprehensive Data by Merging Survey with other data sources</li> </ul>	Completed
6-10	<ul> <li>Conduct Semi-Structured Interviews (1<sup>st</sup> case study: Dallas, Fort Worth, Houston)</li> <li>Analyze Qualitative Data</li> </ul>	Completed In progress
10	<ul> <li>Analyze Survey Data</li> <li>Disseminate Findings Conducted a Community Forum / Research Forum</li> </ul>	Completed
4.19	Research grants applied (RWJF, IBM)	Declined/ Under review
6-8. 19	Participating state funded homeless service projects (UT and TX)	In progress

Understanding Continuum of Care,

a Homeless Service Mechanism

Part 1:

Findings from National Survey

#### Collaborative Governance in Action:

Findings from National Survey

	NATIONAL PERSPECTIVE	SALT LAKE (UT)	DALLAS (TX)
GOVERNANCE MODEL	Shared-Governance (36%)	Shared governance	Network Administrative Office
MULTIPLE COORDINATING BODIES	No (72%)	Yes	No
NUMBER OF MEMBER AGENCIES	39	26	100+
MULTIPLE FUNDING SOURCES	Yes (63%)	No	Yes

#### Homelessness of Communities

	Salt Lake	Dallas	Fort Worth	Houston
Homeless Population	2,463	3,447	1,941	3,605
Per capita Homeless	2.29	1.12	1.07	.80
<b>HUD Funding</b>	\$5,678,852	\$15,663,757	\$12,259,386	\$33,425,255
HUD Funding per homeless	\$2,305	\$4,544	\$6,310	\$9,271
Homeownership Rate	68%	58%	65%	60%
<b>Poverty Rate</b>	10.89%	15%	13%	16%

Source: U.S. Census Bureau, U.S. Department of Housing & Urban Development

#### Medical Service Needs of the Homeless

	Severely Mentally III	Chronic Substance Abuse	HIV/AIDS	Victims of Domestic Violence
National Average	20%	16%	1.86%	16%
Dallas	17%	10%	0.9%	11%
Fort Worth	14%	8%	1%	13%
Houston	26%	32%	2%	16%
Salt Lake	33%	25%	1.4%	21%

Source: HUD, 2017 Point-In-Time Count

## CoCs' Healthcare Services Findings from National Survey

Medical Services for the Homeless		
MENTAL HEALTHCARE	84%	
ALCOHOL/SUBSTANCE USE COUNSELING	81%	
CLINIC IN SHELTER	42%	
MOBILE CLINIC	42%	
METHADONE CLINICS	30%	
SYRINGE EXCHANGE	24%	
SUBOXONE CLINICS	24%	
ASSISTED LIVING	20%	
NURSING BEDS IN SHELTER	19%	
HOSPICE CARE	17%	

## CoC's Contribution in Medical Care System Coordination

- Increased involvement of healthcare providers (44%)
- Increased CoC member commitment to addressing healthcare needs (42%)
- Increased range of healthcare services (34%)
- Reduced the duplication of healthcare services (14%)

## Major Challenges in CoC Collaboration

- Insufficient resources (92%)
- Unfunded federal policy mandates (82%)
- Lack of network sustainability (82%)
- Lack of support from local elected officials (79%)
- Power imbalance among members (72%)
- Lack of accountability (69%)
- Lack of engagement of key stakeholders (69%)

### Part 2: Fostering Effective Cross-Sector Collaboration

Findings from 1<sup>st</sup> Case Study and National Data Analysis

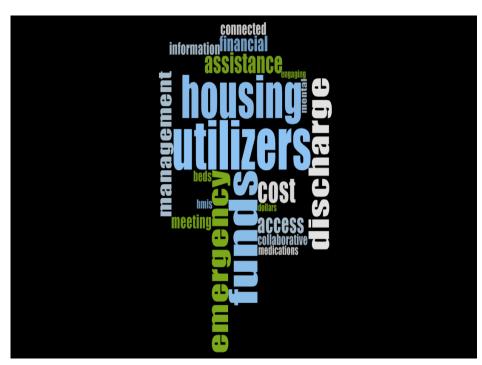
#### **Developing Collaborative Governance**

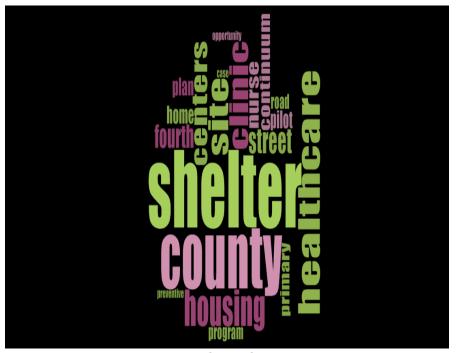
	Salt Lake CoC	Dallas CoC
Organic, emergent leadership matters	"The county caught wind of what was going on sort of organically and said, Hey, Alan, will you be on the Collective Impact Committee and will you lead this subgroup?"	"So, I'm very big on collaboration just as a social worker and so this whole continuum of care thing is a big deal for me. "
Political champions of the cause help steer collaborations	"So collective impact really, mayor McAdams was able to put a lot of his political capital behind that group and bring, really engage these stakeholders."	"ten years ago the City of Dallas, the current mayor, Mike Rawlings, he was known as the homeless Zorro. He was for whatever reason had a personal commitment to trying to impact the issue of homelessness in Dallas."
Variety in representation is key	"I really do believe that the only way you get a legitimate kind of group like this is if you are thinking this way - where you are trying to get polar opposites represented in a myriad of ways."	"continuum of care assembly, which is a group meeting monthly of all of the members of the continuum of care. And that's probably some 50, 60 agencies that come together just to talk about structuring an approach"

#### Medical Services for Homeless

	Salt Lake CoC	Dallas CoC
Information sharing poses coordination challenges	"But has it been so long since they've taken care of themselves that it's a natural you don't know a lot of is it something that could've been prevented? I don't know. There's no data and people don't want to share data. So I don't know any of that."	"Yeah the major challenge right now at this very moment is one the communication and collaboration between umm everyone that touches these patients, like there just needs to be more transparency and more information provision"
Limited capacity to be an effective collaborative partner	"homeless service provider survey100% of responses wanted on-site primary care We'd been down that road, it doesn't work you just don't have the economies of scale in some of these locations"	"A good example is that shelters are hesitant to take anyone that has like an oxygen tank because it's extremely flammablethey can't use it at the shelter because it's unsafe for the rest of the residents because it might explode"

#### Medical Services for Homeless





**Dallas** 

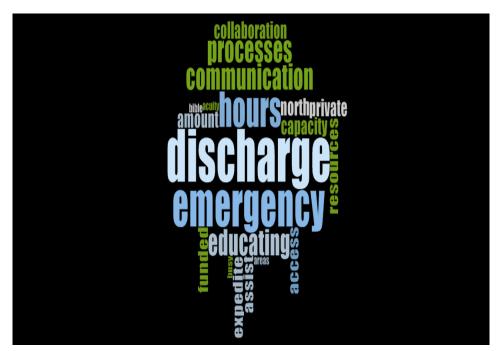
**Salt Lake** 

Draft: Word Frequency Query Data visualization – Nvivo 12

#### Challenges in Medical Service Collaboration

	Salt Lake CoC	Dallas CoC
Discharge process is an informal arrangement	"So yes it was very vague and basically I'm just checking the box. I didn't feel bad about checking the box because we had all that in place like umm almost like a hand shake type deal"	"You can pick up the phone and call someone. That's more or less an informal communication back. I don't have written agreements on this."
Efforts to address healthcare services are being made	"You've got The U and Intermountain. They don't talk. As a non-profit I've got someone from The U and from Intermountain on my board. And everybody wants to really help but the systems don't speak."	"So we have this disjointed system for our folks that are in encampments and in our shelters that are downtown where the bulk of the people reside that are homeless. But they have an emergency like heart attack or they think they're having a heart attack, the closest hospital is Baylor so that's where they're taken."

#### Challenges in Medical Service Collaboration





**Dallas** 

Salt Lake

Draft: Word Frequency Query Data visualization – Nvivo 12

#### **Explaining Effective CoC Collaboration**

HUD FUNDING SUCCESS		
√(-)	Nonprofit-Led	
×	Leading Experience	
×	Meeting Frequency	
✓	Participation Rate	
✓	Network Age	

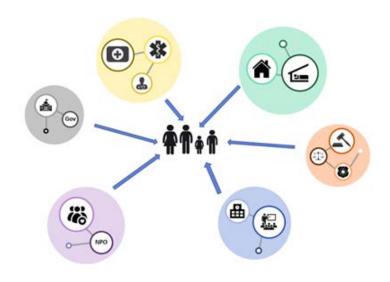
HUD FUNDED PROJECTS		
√(-)	Nonprofit-Led	
×	Leading Experience	
×	Meeting Frequency	
✓	Participation Rate	
×	Network Age	

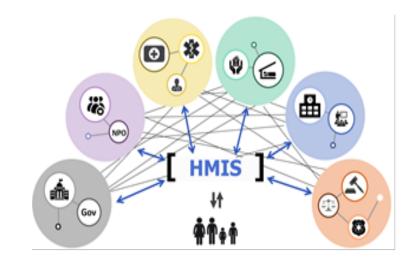
Source: A research in R&R process

#### Reflections

- Federal policy demands locally developed service networks (CoCs) and CoCs are in responsible of coordinating diverse service needs of the homelessness
- Communities across the U.S. are doing much to address the medical service needs of those who experience homelessness
- Community collaboration is being challenged by institutional barriers: unfunded federal mandates, lack of resources and community support, and overall network capacity
- Data-sharing among the medical care, public health, and social service sectors is crucial for homeless service system alignment

## Next step: Study on Impact of Data System in Homeless Service Collaboration





Fragmented system

**Homeless Management Information System** 

#### Impact of Research

- Community forums
- 3 Dissertations
- Research presentations
- Graduate student training
- Journal publications
- Government funded projects:
  - State of Utah Strategic Plan to Minimize Homelessness,
  - State of Texas, Empowering Rural Community Human Services
- Grant applied: RWJF (declined), IBM (under review)

Community forum at Salt Lake city Oct. 2017



## Research forum and PhD student seminar Oct. 2017





#### Questions?



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#### **Upcoming Webinars**



- June 26, 2019, 12 p.m., ET
   Systems for Action Individual Research Project
   <u>Testing a Shared Decision-Making Model for Health and Social Service</u>
   <u>Delivery in East Harlem</u>
   Carl Letamendi, PhD, MBA, and Rachel Dannefer, MPH, MIA, New York City Department of Health and Mental Hygiene
- July 17, 2019, 12 p.m., ET
   Systems for Action Individual Research Project
   <u>Linking Education and Health Data to Improve Adolescent Health in Los Angeles</u>
   Sheryl Kataoka, MD, MS, and Rebecca Dudovitz, MD, MS, University of California, Los Angeles

#### Acknowledgements

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