Systems Alignment Innovation Hub Communities Leading Systems Alignment Research

Part II

August 14, 2024 12-1:15pm ET

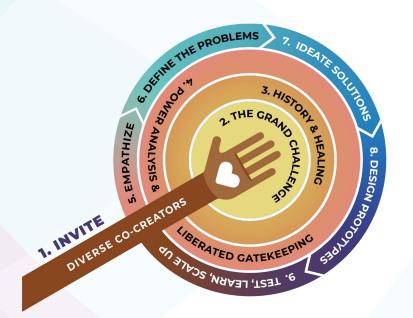








Equity Centered Community Design



Always start with

1.Inviting Diverse Co-Creators

- 2.Identify the Grand Challenge
- 3. Understand History & Healing
- 4.Conduct Power Analysis & Liberated Gatekeeping
- 5. Building Empathy

Then Incorporate

- 1.Define the Problem
- 2.Ideate Solutions
- 3.Design Prototypes
- 4.Test, Learn & Scale Up







Decolonizing Framework A Path for Healing and Transformation

Decolonization is the process of undoing colonizing practices. This means confronting and challenging the colonizing practices that have upheld and influenced systems that create injustice, inequities, disparities and chains of poverty.

Decolonization is about the cultural, psychological, and economic freedom towards self-determination towards how we solve community problems. It emphasizes the need for equity, justice, and the inclusion of diverse voices in decision-making processes, ensuring that solutions are culturally relevant and sustainable.

Indigenization is the act of making something **more native**, **more local**; transformation of some service, idea, etc. **to suit a local culture**, **your local community**. It brings the strategies, research, actions, problem solving to the local community level, not within a stuffy board room or city hall.

Power, dominance and control are rebalanced and returned to the community, and other ways of knowing and doing are perceived, presented, and practiced as equal to Western ways of knowing and doing.









United Indians of All Tribes Native Veterans Program



Research-in-Progress Webinar August 14, 2024 12:00 pm EST



Land Acknowledgment



We acknowledge that we are on the ancestral lands of the Coast Salish peoples, whose people have stewarded these lands and waters since time immemorial.

As we engage in our work and services, we remember the resilience and strength of Indigenous communities.

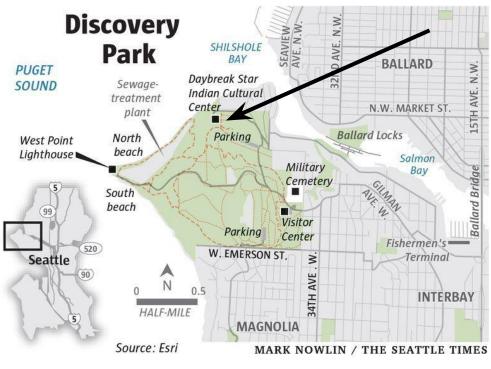
We are committed to uplifting voices, culture and history of Native peoples and fostering relationships that support the ongoing presence and contributions to this region.

We express our deepest respect and appreciation to the traditional caretakers of these lands and waters.

Land Acknowledgment







Presenters





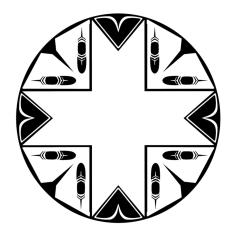
Mike Tulee Yakama Nation

Executive Director

US Air Force veteran
- E-4 Sergeant, Vehicle Mechanic



Ben Bryer (He/Him)
Research Coordinator
Ashkenazi Jewish heritage



History



At dawn on May 8, 1970, 100 Indigenous activists invaded and occupied Fort Lawton in Seattle to reclaim the land "in the name of all American Indians by the right of discovery."

The protestors were armed with "sandwiches, sleeping bags, and cooking utensils."

Military Police forcefully broke up camp and arrested protestors. Activists set up camp outside Fort gates for 4 weeks.

Through negotiations and Congressional intervention, the activists won the right to develop an Indian cultural center.

The **Daybreak Star Indian Cultural Center** opened in 1977.





"Then as I stood there, two men were coming from the east, head first like arrows flying, and between them rose the daybreak star. They came and gave a herb to me and said: "With this on earth you shall undertake anything and do it." It was the daybreak star herb, the herb of understanding, and they told me to drop it on the earth. I saw it falling far, and when it struck the earth it rooted and grew and flowered, four blossoms on one stem, a blue, a white, a scarlet, and a yellow; and the rays from these streamed upward to the heavens so that all creatures saw it and in no place was there darkness."

- Nicholas Black Elk (Oglala Lakota)

(b.1863- d.1950)

Mission and Services





Our mission is to provide <u>educational</u>, <u>cultural and social services</u> that reconnect Indigenous people in the Puget Sound region to their heritage by <u>strengthening their sense of belonging and significance</u> as Native people.

Our vision is to be a social service provider, community center, and cultural home for urban Indians.

Org Representation

- Indigenous Board of Directors
- ~81% Staff are People of Color



Research Team



Program Advisory Board

- 8 Native Veterans
 - 6 Men, 2 Women
- Coastal, Alaskan, and Plains tribes
- Leaders in our community
- Marines, Army, Air Force, Navy
- Vietnam, Gulf, Iraq, Afghanistan wars





United Indians Staff

- Ben Bryer
 - Research Coordinator
- Audrey Powers
 - Director / Homelessness Prevention,
 Benefits Navigation and Native
 Veterans Programs
- Jenna Gearhart
 - Community Services Division Director
- Mike Tulee (Yakama Nation)
 - Executive Director

Native Veteran Info



- Native Americans serve in Armed Forces at <u>5x national average</u>
- Higher <u>% female</u> American Indian / Alaska Native servicemembers compared to general military population
- Disproportionately serve in <u>violent combat</u>
 - <u>Compounding trauma</u> from military service + colonization and genocide of Indigenous people
- 2,500 vets in King County (Seattle) who identify as AI/AN alone or in combination with another race
 - Most served in Vietnam war era
- In general, veterans living in urban areas have better health outcomes than veterans living in rural areas
 - However, Native veterans living in urban areas do not experience health advantages compared to Native veterans living in rural areas



Grand Challenge



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To co-develop a <u>systems alignment strategy</u> with Native veterans and medical, public health, and social service providers to address <u>systemic</u> <u>racism</u> and improve <u>culturally-grounded</u>, <u>trauma-informed</u>, <u>and racially equitable</u> care coordination for Native veterans in the Puget Sound region

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The Problem(s)



Mental Health

- 2x rate of PTSD and suicidal ideation than Non-Hispanic White vets
- High rates of alcohol, opioid and substance use dependency

Physical Health

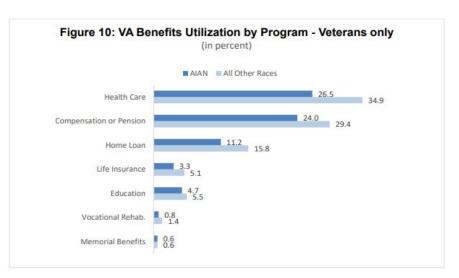
- More likely to experience a service-connected disability or injury
- More likely to experience chronic disease

Housing

 Overrepresented in rates of housing instability and homelessness among all veterans

Health Care

- 2x higher odds of being uninsured than Non-Hispanic White vets
- More likely to forego or delay care due to difficulty in accessing appointments or financial barriers
- Racial Misclassification as "more than one race" or "other"
- Lack of traditional healing services at VA facilities



Source U.S. Veterans Eligibility Trends and Statistics, 2017. https://www.va.gov/vetdata/docs/SpecialReports/AIAN.pdf
Prepared by the National Center for Veterans Analysis and Statistics

The Problem(s)



"What are the biggest health challenges that urban Native veterans face?"

Need for sharing circles

"Doctors that listen"

Underinsured of benefits

Nutrition

"Lack of motivation for veterans" Dental health

Substance Use

All local issues

Housing / Homelessness

Re-entry for incarcerated veterans

VA Benefits navigation

Lack of communication from VA

Access to medical attention

Medical and education benefits

Diabetes Management

PTSD from combat

Proposed System Partners



Medical System

- VA Puget Sound Health Care System
- Traditional Medicine Practitioners and Healers
- Veterans Benefits Administration
- Seattle Indian Health Board

Public Health System

- Healthier Here
- Public Health Seattle King County
- WA Department of Health
- Healthcare for the Homeless Network

Social Services System

- United Indians
- Unkitawa
- Native Resource Hub
- King County Vets Program
- Chief Seattle Club
- FOB Hope
- Mother Nation

Equity Centered Community Design (ECCD)







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Then Incorporate

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Next Steps



- Stand up co-design team (Advisory Board + system partners)
- Choose Lushootseed name for our project
- Continue ECCD process to co-design pilot program for Native veterans
 - Surveys, story-sharing, talking circles, interviews with Native veterans and providers





Call to Action + Resources



Be an advocate for Indigenous people and Native veterans

- Native Land Digital
 - Native Land is an app to help map Indigenous territories, treaties, and languages
- The Warrior Tradition
 - Explore the complicated ways the culture and traditions of Native Americans have impacted their participation in the United States military
- American Indian / Navajo Code Talkers
 - · Indigenous soldiers used their traditional language to transmit secret Allied messages in the Pacific theater of combat during World War II
- A History of Military Service: Native Americans in the U.S. Military Yesterday and Today
 - A brief history of the contributions of Indigenous U.S. service members over time
- National Native American Veterans Memorial
 - A touching tribute to Native veterans at the Smithsonian National Museum of the American Indian
- <u>Legacies of Service: Celebrating Native Americans</u>
 - Archive of stories of military service from Native veterans







Lived Experience Coalition



Survive to Thrive:

Undoing Systemic Racism to Address and Eradicate Gun Violence among Black, Brown, and Indigenous Young Men Experiencing Housing Insecurity

Strategies to Achieve Alignment, Collaboration and Synergy across Delivery and Financing Systems

Research-in-Progress Webinar August 14, 2024 colorado school of public health

Survive to Thrive: Our Team





Brother Token *He/Him,Black/White/Native Cree*Lived Experience of homelessness, Impacted by gun violence,
Principal Investigator, Director of Survive 2 Thrive, The Black Panther
Party WA Minister of Finance, Community Organizer

CJ Walker He/Him, Black/ Mixed Race Lived Experience of homelessness, Impacted by gun violence, Director of Ending Youth Homelessness, Board member Y4Y, Community Organizer

Jozzy Rollins *He/Him, Black* Lived Experience of homelessness, Impacted by gun violence, Community Organizer, and Artist

Marvin Futrell *He/Him,Native/AfricanAmerican*Lived Experience of homelessness, Impacted by gun violence, LEC
Director of Policy and Strategy, and Project Support

Rhonda Walker She/They, White, Disabled
Lived Experience of homelessness, Impacted by gun violence,
Director of SW WA, Community Organizer, and Project Support

Courtney Love She/Her, White

Lived Experience of homeless, Impacted by gun violence, Director State and Local Advocacy, Community Organizer, and Project Support

Presenters and Survive to Thrive Leadership

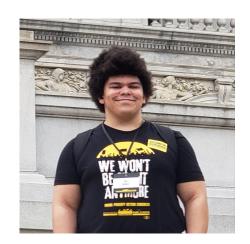




Brother Token

Principal Investigator (PI)

Director of Survive to Thrive



CJ Walker
Co-Principal Investigator (PI)
Director of Youth
Homelessness



Marvin Futrell
Director of Policy and
Strategy

LEC Mission Statement



The Lived Experience Coalition is a **diverse**, **multigenerational community** who are coming together to **lift each other up**, **heal individually and collectively**, **advocate for ourselves** and others, while advancing racial and social justice.

We work beyond oppressive structures by unifying our voices, speaking truth to power, and working together to dismantle multisystem barriers impacting people who are experiencing homelessness and involvement with the carceral-legal system, facing unmet behavioral health needs, and/or fleeing violence or emotional/psychological victimization.

Grand Challenge





Addressing gun violence fueled by housing insecurity and institutional racism through an effort led by Black, Brown, and Indigenous (BBI) young men who are bringing together public health, medical, social services, and carceral-legal systems to develop policy and programmatic innovations that returns power back to communities most impacted and promotes safety for those communities effectively.

Survive to Thrive Theory of Change



"We believe that those closest to the problem are also closest to the solutions but furthest from power and resources"

(JustLead WA)

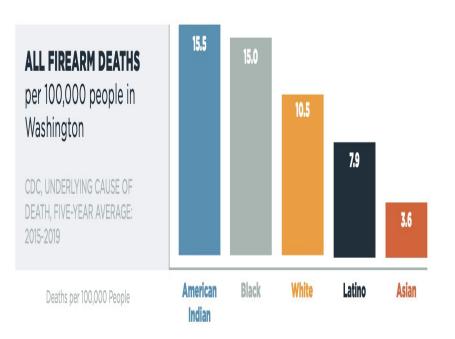


When we meet the needs of our community, we reduce desperation and the crime that follows it as it relates to preventing gun violence for young Black, Brown, and Indigenous men, especially those experiencing housing insecurity.

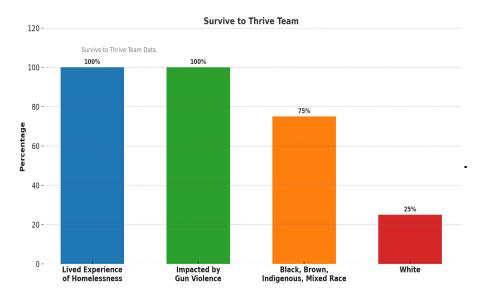
Demographics and Representation



Population Demographics



Staff Demographics and Representation



The Problem



Gun Violence

In 2023, 6,192 children and teenagers were shot, of which more than 1.600 died

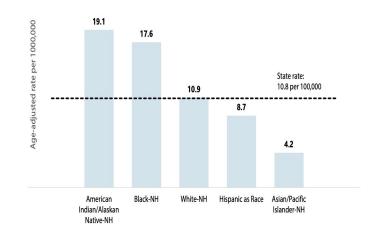
Black Americans:

- Young Black males (ages 15-34) are over 20 times more likely to die by gun homicide than their white counterparts.
- Nearly 50% of mass shootings occur in majority-Black census tracts
- Black Americans account for **37-40% of the homeless population**.

Latino and Indigenous Americans:

- 2x as likely to die by gun violence compared to white people.
- Indigenous women are 3x more likely to be fatally shot by an intimate partner
- Latinos comprise 24% of the sheltered homeless population
- Indigenous Americans represent 1.3% of the U.S. population but 3.4% of the sheltered homeless population

All firearm deaths per 100,000 people in Washington, 2018-20



NH = Non-Hispanic
Data source: WA DOH Community Health Assessment Tool (CHAT)

The Problem



- The intergenerational trauma and destruction inflicted on BBI communities, especially targeting young men
- Disparities: over-representation of young, BBI men experiencing gun violence, incarceration, poverty, homelessness, etc
- Multi-system failure, including the school-to-prison and homelessness-to-prison pipeline
- Anti-Black-male bias
- Lack of culturally appropriate support within systems
- Youth and Young Adults homelessness increases risk of gun violence. 45% of unhoused young adults experience gun violence, and 17% engage in it

The Solution



Our project will use a Systems Alignment approach to prevent and reduce gun violence for young Black, Brown, and Indigenous men by :

- Creating a design team from most impacted community and various system partners
- Identifying and addressing the root causes of gun violence
- Reimagining the coordination of services and resources across systems
- Dismantling systemic racism within service systems
- Building capacity for collaboration among partners
- Our geographic area of focus will be in Washington State with particular attention to some if not all of the following affected counties: King, Pierce, Clark, Snohomish, Spokane, and/or Yakima counties

System Partners



Medical System

- Dustin Daniels,PeaceHealth
- Community HealthClinics
- Bastyr University
- Washington StateHealth CareAuthority

Social Services System

- Mustafa Mohammed MBCHB, MHP, AAC, Mental health professional and clinician Refugees Northwest Counseling
- Washington State
 Department of Social and Health Services

Public Health System

- Semone Andu,
 Seattle-King County
 Public Health
- Health Care for the Homeless Network
- Washington State
 Department of Health

Our Ask



The solution to the problem is not just a project, it's a movement. A movement rooted in the principles of Equity- Centered Design and deeply committed to ensuring Diversity, Equity, and Inclusion. We ask that you take what you have learned today, utilize it and share it in communities most affected, in your own organizations, and in your own Life.

Visit us at: https://wearelec.org/

Questions?







Acknowledgements

Foundation



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colorado school of public health